### Week 1 – Casual

### Overview

- RB Community Park
- Distance
  - 1.56 km
  - 5110.52 ft
  - 0.969 miles
- Start in south parking lot
- Run loop
- Return to start point
  - No path crossovers

- 1. Start at the southern roundabout at the RB community park
- 2. Go West!
- 3. Stay on paved ground until the end of the parking lot
- 4. Turn right before the trees.
- 5. Keep the green on your left.
- 6. At the third baseball diamond turn left.
- 7. At your next choices make a left, then a right, then a right
- 8. In between two squares turn left
- 9. Head back to the start!
- 10. You did it!

### Week 2 - Cool

### Overview

- WWES loop
- Distance
  - 1.79 km
  - 5872.70
  - 1.12 miles
- Start at western school driveway
- Finish at eastern school driveway
- Now you say you went uphill both way... just like you parents tell you they did.... back in the day!

- 1. Start at the western school driveway
- 2. Go West!
- 3. Take the first left turn
- 4. At the stop light turn left
- 5. At the northern driveway for the Westwood Club turn left
- 6. When you see diving boards turn right
- 7. At the end of the concrete turn left
- 8. Don't go past the crosswalk
- 9. Go down then up
- 10. Finish at the eastern school driveway
- 11. You did it!

### Week 3 – Cool

### Overview

- Eastern Tour
- Distance
  - 2.05 km
  - 6725.72 ft
  - 1.28 miles
- Start on Alveo Way
- Finish at start point
- Use the follow the right rule to get out of most mazes!

- 1. Start at the beginning of Alveo Way
- 2. Take every road on the right 4 times in a row
- 3. Skip the next 3
- 4. Don't go on West Bernardo Drive
- 5. Finish at the same place
- 6. You did it!

# Week 4 - Epic

#### Overview

- "Five Ups of life: Buckle up, Start up, Keep it up, Don't give up, Cheer up."
  - Vikrmn, Corpkshetra
- Distance
  - 3.41 km
  - 11,187.66 feet
  - 2.12 miles
- Start near Fletcher Point Trailhead
  - 1 break point
- Return to
  - One path crossover
- Finish the year with a bang!

- 1. Start near Fletcher Point Trailhead
- 2. Go East!
- 3. At the first house turn left
- 4. Turn right 3x (buckle up hill)
- 5. Go up the long hill (*start up hill*)
- 6. Stop at the top and admire the view, take a stretch break for the road ahead
- 7. Go down a hill that you didn't go up
- 8. What goes down may go up! (keep it up hill)
- 9. At the top take the right turn!
- 10. Don't go down the hill
- 11. Wind up the hill (Don't give up hill)
- 12. At a T intersections go right
- 13. Go up a little hill (*Cheer up hill*)
- 14. Coast **down** the hill
- 15. When you "see where you have tread before" take a left back to the start!
- 16. Finish near the same place you started
- 17. You did it! See you next year!

#### Week 5 - Cool

#### Overview

- Not-so-secret Passage
- Distance
  - 1.61 km
  - 6725.72 ft
  - 1 mile
- Start at the Westwood Club parking lot
- Finish at start point
- Sometimes you have hidden gems right in your backyard!

- 1. Start at the Westwood Club's parking lot exit
- 2. Go south
- 3. Go west as soon as you can.
- 4. Turn right on a hidden spanish road. (hint: look up the spanish word for hidden if you don't know it!)
- 5. Go till the road dead ends and turn right! Then a quick left and a quick right!
- 6. Follow the road down to the end.
- 7. You will see a "secret passageway" on your right. (on the other side of the fence of the running club track!) Picture time!
- 8. Watch out for trolls as you cross the bridge.
- 9. Follow the road out and turn right!
- 10. At the second drive way cut into the Westwood Club parking lot and you are finished!
- 11. You did it, great work Westwood Roadrunner!